

Single Parent Resource List

Phone: 2-1-1 Website: www.211ut.org Fax: (801) 746-2880

ADVOCACY GROUPS

Community Action Program.....	359-2444
Voices for Utah Children.....	364-1182
Utah Issues.....	521-2035
Utahns Against Hunger.....	328-2561

CHILD ABUSE

Child Abuse Hotline	281-5151, 1-800-422-4453
Family Support Center (Crisis nursery)	
Midvale	255-6881
Sugarhouse.....	487-7778
Prevent Child Abuse Utah	532-3404
Salt Lake County Division of Youth Services	269-7500

CHILD CARE/AFTER SCHOOL PROGRAMS

Alphabet Blocks Child Care	287-9502
Boys & Girls Club, Greater Salt Lake	322-4411
Boys & Girls Club, South Valley.....	284-4253
Child Care Resource & Referral.....	355-HUGS (4847)
Salt Lake County Parks & Recreation	468-2299
Family Support Center (Crisis nursery)	
Midvale	255-6881
Sugarhouse.....	487-7778
Head Start	977-1122
Neighborhood House	363-4589
Utah Office of Child Care.....	526-4340
YWCA (Drop-in child care available for members)...	537-8600

CLOTHING/FURNITURE/HOUSEHOLD ITEMS

Crossroads Urban Center	364-7765
Deseret Industries (DI) (Welfare Square)	240-7200
Eagle Ranch Ministries	254-4945
Rescue Haven (Women & children's clothing)	521-5925
Rescue Mission (Men's clothing)	355-1302
St. Vincent de Paul Center	363-7710
Salvation Army	322-1253

DOMESTIC VIOLENCE

(See also: General Resource List)

Domestic Violence Information Line.....	1-800-897-5465
Legal Aid Society	328-8849
Office of Crime Victim Reparations	238-2360
South Valley Sanctuary (Shelter).....	255-1095
VINE (Victim Information & Notification Everyday) ..	1-877-884-8463
YWCA (Shelter)	537-8600

ESPAÑOL

Información en español	2-1-1
Centro de la Familia de Utah	521-4473

ETHNIC/MINORITY GROUPS

Asian Association & Refugee Center of Utah	467-6060
Centro de la Familia de Utah	521-4473
Ethnic Affairs (Asian, Black, Hispanic, Polynesian)..	538-8700
Utah Pride Center	539-8800
Guadalupe Educational Programs.....	531-6100
Indian Walk-In Center	486-4877
International Rescue Committee (Refugees)	328-1091
Japanese American Citizen's League	364-3607
NAACP (Salt Lake Chapter)	250-5088
Somali Community Development of Utah	433-0448

FINANCIAL COUNSELING

AAA Fair Credit Foundation	1-800-351-4195
American Credit Foundation	208-1000
Community Action Program.....	359-2444
Financial Vital Signs	977-0555
Salt Lake Neighborhood Housing Services	539-1590
Utah State University Extension Services	468-3170

FOOD ASSISTANCE PROGRAMS

See Food Resource List

HEALTH INFORMATION

See Salt Lake Area Health and Dental Resource Lists

HOUSING/UTILITIES

American Red Cross (Utilities)	323-7000
Assist, Inc.	355-7085
Community Action Program, Salt Lake (SLCAP)	359-2444
Community Development Corporation	994-7222
Habitat for Humanity	263-0136
Housing Authority, Salt Lake City	487-2161
Housing Authority, Salt Lake County	284-4400
Housing Authority, West Valley City.....	963-3320
Salt Lake Neighborhood Housing Services	539-1590
Utah Department of Workforce Services (DWS)	
Central Region Administration Office.....	468-0000
Utah Housing Corporation.....	902-8200

JOB TRAINING/EDUCATION

Deseret Industries (DI) (Welfare Square)	240-7200
Division of Rehabilitation Services (Voc Rehab)	538-7530
Indian Training & Education Center	973-6484
LDS Employment Services (Welfare Square)	240-7240
People Helping People	583-5300
Salt Lake/Tooele Applied Technology College (ATC) ..	493-8700
School Districts (Alternative programs)	
Granite	646-5000
Jordan	567-8100
Murray	264-7400
Salt Lake	578-8599
Single Mom Foundation	977-7781
Skills Center (Salt Lake Community College)	957-3354
Utah Department of Workforce Services	468-0000

LEGAL ASSISTANCE

Disability Law Center	363-1347, 1-800-662-9080
Landlord/Tenant Mediation Program (CAP)	359-2444
Lawyer Referral	www.utahbar.org (click on legal match)
Legal Aid Society (Domestic law)	328-8849
Multi-Cultural Legal Center	596-7426
Tuesday Night Bar (Utah State Bar)	297-7037
Utah Dispute Resolution (Mediation)	532-4841
Utah Legal Services	328-8891

PARENTING CLASSES/COUNSELING

Children's Service Society of Utah, The	355-7444
Family Counseling Center	261-3500
Family Support Center	255-6881; 487-7778
Jordan Family Education Center	565-7442
Salt Lake County Division of Youth Services	269-7500
Utah Parent Center (Children with disabilities)	272-1051

PREGNANCY TESTING *(Tests are confidential)*

Intermountain Nurse Midwifery Services (Free)	507-7070
Planned Parenthood (Low cost)	973-9675; 322-5571
Pregnancy Resource Center (Free)	363-5433
Pioneer Valley Hospital (Free)	964-2229
Salt Lake Regional Hospital (Free)	350-4080

RAPE/SEXUAL ASSAULT

(See also: General Resource List)

Rape Recovery Center	467-7273
Utah Coalition Against Sexual Assault (UCASA) ..	1-866-878-2272
Rape/Sexual Assault Crisis Line	1-888-421-1100



RECREATION/YOUTH GUIDANCE

Big Brothers Big Sisters	313-0303
Boys & Girls Club, Greater Salt Lake	322-4411
Boys & Girls Club, South Valley	284-4253
Boy Scouts of America	582-3663
Girl Scouts of Utah	265-8472
Salt Lake County Parks & Recreation	468-2299
Salt Lake County Division of Youth Services	269-7500
Sorenson Multicultural Center	974-2420
Utah Youth Village	272-9980
YWCA	537-8600
Youth and Families with Promise (YFP)	468-3185
YouthCity	535-7748

RUNAWAYS & RELATED SITUATIONS

National Runaway Switchboard	1-800-786-2929 or
.....	1-800-RUN-AWAY
The Nine Line	1-800-999-9999
Homeless Youth Resource Center, VOA	364-0744
Salt Lake County Youth Services Center	269-7500

SHELTER, EMERGENCY

The Road Home Family Shelter	359-4142
Rescue Haven	521-5925
Family Promise –Salt Lake	961-8622
South Valley Sanctuary (Domestic violence)	255-1095
YWCA (Domestic violence)	537-8600

SUPPORT GROUPS

Call for details on various groups	2-1-1
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WELFARE AND FINANCIAL SERVICES

Office of Recovery Services (ORS) (Child support) ..	536-8500
Social Security Administration (SSA) (National) ..	1-800-772-1213
Murray Office	268-1060
Salt Lake Office	524-4115
Unemployment Insurance Center	1-888-848-0688
Utah Department of Workforce Services (DWS)	
Central Region Eligibility Service Center	313-4600
Customer Relations	1-800-331-4341
Worker's Compensation Fund (WCF)	1-800-446-2667

211 Information and Referral Services is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state. 211 Info Bank also links callers who want to give help to volunteer opportunities in their area.

Last Update: May 2008

Please obtain a new copy if more than 6 months old.

If your cellular phone or office system does not recognize the 211 number, you can dial 1-888-826-9790 for the same free service.